

THE MOST DELICIOUS ISOLATE PROTEIN SHAKE YOU'LL EVER TRY!



NO AMINO SPIKING!

DIRECTIONS

Add one (1) heaping scoop of Iso 32™ 100% Isolate Powder to 8-10 ounces of cold water, milk or beverage of choice. Increase or decrease the amount of liquid to tailor flavor and consistency to your desired preference.

WHEN TO USE

Take one (1) serving of Iso 32™ 100% Isolate Powder before training and another serving immediately after training. On non-training days use one to two times daily.

ALLERGY INFORMATION

Contains Milk and Soy Lecithin.

NOTICE: Do not use as a sole source of nutrition.

Keep out of reach of children.

Sold by weight, not by volume. Store in a cool, dry place.

** Amounts may vary per batch

ISO 32

100% ISOLATE PROTEIN POWDER



32g ULTRA PREMIUM ISOLATE PROTEIN PER SERVING

7.1g
BCAAs
Per Serving

15.3g
EAAs
Essential Amino Acids
Per Serving

1g
CARBS
Per Serving

LOADED WITH GLUTAMINE, ARGININE AND BCAAs*

GREAT TASTING LOW CARB FORMULA

NET WT. 5.0 LBS. (2270g)

COOKIES 'N CREAM
Naturally and Artificially Flavored

Nutrition Facts

Serving Size: 1 heaping scoop (36g)
Servings Per Container: About 63

Amount Per Serving		% Daily Value†	
Calories 132	Calories from Fat 0		
Total Fat 0 g			0%
Saturated Fat 0 g			0%
Trans Fat 0 g			
Cholesterol 8 mg			3%
Sodium 75 mg			2%
Total Carbohydrates 1 g			1%
Dietary Fiber 0 g			0%
Sugars 0 g			††
Protein 32 g			64%

Vitamin A 0% • Vitamin C 0%
Calcium 16% • Iron 1%

†Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
†† Daily value not established

	CALORIES	2000	2500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Cholesterol	Less than	300g	300g
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Protein		50g	65g

Calories Per Gram: Fat 9 • Carbohydrates 4 • Protein 4

Ingredients:

Ultra Premium Protein Blend (Cold-Filtered Whey Protein Isolate/ Hydrolyzed Protein Isolate), Cookie Bits (Unbleached Enriched Wheat Flour, Sugar, Palm & Soybean Oil, Fructose, Cornstarch, Sodium Bicarbonate), Natural and Artificial Flavors, Xanthan Gum, Acesulfame Potassium, Sucralose and Soy Lecithin.

ALLERGY INFORMATION:
CONTAINS MILK,
WHEAT AND SOY.

Manufactured in an
FDA Registered &
GMP Certified facility



*NATURALLY OCCURRING



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